



*Olive Crest and
Anaheim/ Fullerton Family Resource Center at
Manzanita Park Presents*

A 6-week Parenting Class For ages 10-18

Classes will be held in Spanish

- How to address topics such as puberty, physical and emotional changes, hygiene and sexual development with our children.
- Helping your children to succeed and stay organized in school.
- What to do when your child is having conflicts with other children
- Learning how to set appropriate limits and positive discipline techniques
- How to help your teen and pre-teen develop positive self-esteem
- How to find and access Community Resources

When:

Tuesday's from 6:00 - 8:00 P.M.
February 10, 17, 24, and March 3, 10 and 17, 2009

Where:

Gilbert Community Center
2120 Orangethorpe Ave
Fullerton, CA 92832
(Major Cross Streets
Orangethorpe and Gilbert)

How:

Call Gloria Rosas at
714-765-3776 or the Gilbert Community Center at
(714)996-2574 to reserve your place

*Free child activities will be available!
For Children 2 years and older.*

